



**Miss Cindy's School of Dance, L.L.C.
Gymnastics Newsletter and Meet Information - 2010**

Dear Parents and Students;

Please keep this information sheet to refer to for any questions you might have about the upcoming Gym Meet.

Our Gym Meet called "Welcome To The Jungle" is being held June 5th at 10:00 a.m. at the Palisades Senior High School Gymnasium located on 412. It is mandatory that all gymnasts arrive at the gym at **9:30 sharp** for the show. It is important that they are not late because they need to warm-up and stretch. Girls should be wearing their show leotards and the boys should wear their black shorts with the matching gray shirts. Hair should be in a medium high ponytail with the matching scrunchie. No hair clips or barrettes will be allowed. Also no underwear should be worn under the leotards. Boys should wear briefs under their shorts – no boxers. Makeup for gymnasts is optional. There is no gum, watches, or jewelry allowed. Your child may bring a water bottle but **PLEASE PUT HIS/HER NAME ON IT.**

Our gymnastic meet dress rehearsal will be held on June 4th at Palisades Senior High School in the gym beginning promptly at 5:30 p.m. Please arrive at 5:15. **Students should come in sneakers and comfortable clothing to the rehearsal. No leotards are necessary except the B.S.E. gym teams, the B.S.E. cheer elite team members, the Cheer class and the Thursday 6:00 gym class.** The rehearsal should last approximately 1 hour so please return at 6:30 p.m. There will be a sign up sheet posted in Studio III (Perkasie) for volunteers to help at the concession stand, and various other duties.

The show will last approximately 2 hours. Students will participate in 4 events: bars, floor, beam, and vault. Copies of the routines have been sent home with the students and they should be memorizing them. If you do not have a copy please get one when you come to class. Students will be judged on all four events and will receive a ribbon for each event. Scores will not be shown. **All gymnasts must stay until the end of the show.** At that time each student will receive a medal, so have your cameras ready. You may video tape or take photos during the event, as long as there is no flash photos. Please be considerate of other parents at the show when video taping or taking pictures. **NO PHOTOS CAN BE TAKEN ON THE GYM FLOOR, ONLY FROM THE SIDELINES.** Flash photography can be dangerous to gymnasts on equipment.

All gymnasts will receive their ribbons the week of June 7th during their gym class. **There will be no exceptions.** It takes time to divide the ribbon envelopes and placement for next year's classes will be done during that class. The last gymnastic class will be the week of June 14th.

In order to cover the cost of the gym rental, ribbons, medals, coaches and judges, we will have a ticket fee of Adults - \$11 and children 11 and under \$7, for advanced sales. We suggest that you purchase tickets early. Tickets will be sold at the door; Adults - \$12 and children 11 and under \$8. There will be an area for handicapped access.

When you arrive at the gym, there will be someone at the door to tell you where to take your child. Students must go to the gymnast's area. They are not allowed to sit with parents and parents are not allowed to stay in the gymnast's area with students. .



At the close of the show, the students will remain on the floor in their squads and parents must come down to the floor to get them. No student will be released until their parent comes for them, so do not make arrangements to meet. The squad leaders will not let them leave without a parent.

All tuition for the year, including June is due the first week of May. You may not receive photos or the tickets for the show until tuition is paid up for the year. **Classes will continue until June 19th. There will be no classes held Memorial Day Weekend, May 29 and Saturday June 5, (due to the gym show).** Please attend assigned make-up times NOW to perfect recital routines. Anyone who needs to do a make-up class due to illness, snow, or Easter holiday must sign up in Perkasio Studio.

Auditions for the Broad Street Entertainers Gymnastics team will be held on May 22 from 2:00 – 3:00 at Studio III, Perkasio. Students, boys and girls, who are 8 years and older are eligible to audition including intermediate II to advanced. If you have any questions ask Miss Marie or Miss Kristie. All previous team members must re-audition. Good Luck to the B.S.E. dancers, gymnasts and Cheer Team at the Memorial Day pageant.

There will be a make-up class for the Saturday gymnastic classes on Friday, May 14th at the Perkasio studio. The 10:00 class will be at 5:00 p.m. and the 11:00 class will be at 6:00 p.m. Please be sure to come to your schedule time to get ready for the gym show.

Enrollment forms for next year are attached. Please return them as soon as possible. Thank you!

Thank you for your participation in our meet and for giving us an opportunity to work with your child this year in our gymnastics program. The students worked hard and it shows.

Thank you,

Miss Cindy's School of Dance

Cindy Johnston

Directions for Palisades High School:

From Quakertown – 313 out of town toward Perkasio to 563 North. Make Left out past Nockamixon Park. Go to the end. At the light make Left on 412 North. School is on right. It is the purple gym.

From Perkasio Studio: Market St. to Ridge Rd. @ Revivals. Right on the Ridge Rd. until light @ 313. Make left unto 313. Make right unto 563 North past Nockamixon Park. Go to the end. At the light make a left on 412 North. School is on the right. It is the purple gym.



**"WELCOME TO THE JUNGLE"
PALISADES HIGH SCHOOL GYMNASIUM
JUNE 5, 2010
10:00 A.M.**

TICKETS MAY BE ORDERED BY RETURNING THIS FORM WITH FULL PAYMENT. YOUR TICKETS WILL BE RETURNED TO YOU AT YOUR CHILD'S CLASS TIME. Purchase your tickets early to avoid waiting in line on the day of the gym show. Tickets are non-refundable.

NAME _____ CLASS/ TIME/DAY _____

NUMBER OF ADULT @ \$11.00 _____ TOTAL \$ _____

NUMBER OF CHILD @ \$7.00 _____ TOTAL \$ _____

TOTAL AMOUNT ENCLOSED \$ _____